

AUT

What are your thoughts on
relationships with family?

Are you getting enough
support day-to-day?

What can younger
generations learn from you?



**ARE YOU A PACIFIC
GRANDPARENT?**

In association with



Talofa Lava
Mālō e Lelei
Kia Orana

Greetings from the Pacific Islands Families Study

If you are a Grandparent who is
Samoan, Tongan or Cook Islands Māori,
we invite you to take part in a new
research project about Healthy Pacific
Grandparents

We will be holding some group
discussions about the things that matter
to you as you grow older and we would
love you to come.

Examples of things you might talk about
include :

- Relationships with family and friends
- How you feel supported in your
day-to-day life
- Your experiences of using health
services, social participation and
building social relationships

In appreciation of your time, you will
receive a mea'alofa of \$40 in gift
vouchers for each meeting you attend.

Transport to the meeting venue can be
provided, if necessary.

If you would like to take part in this
important project, please contact us!



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